NAILS:	
Overlay: Acrylic Overlay on natural nails - (colour/natural) Acrylic Overlay on natural nails - (French/Faded French) Acrylic Overlay on natural nails plus gel polish Gel Polish Overlay on natural nails Gel Polish Overlay on natural nails - (French) Rubber Overlay on natural nails - (colour/natural) Rubber Overlay on natural nails plus gel polish Rubber Overlay on natural nails - (Faded French)	R380 R420 R420 R300 R340 R350 R380 R380
Tips: Natural tip with acrylic overlay (colour) Natural tip with faded french overlay Natural tip with smiley french overlay Natural tip with acrylic overlay + gel polish French tip with acrylic overlay (white tip with clear/natural colour) French/colour tip- with rubber overlay	R420 R450 R450 R470 R420 R420
Designer Tips & Nail Art: Acrylic Sculpted Medium Length Acrylic Sculpted Long Length Acrylic Sculpted Extra Long Length Rubber Sculpted Short/Medium Length	R480 R530 R580 R430
Nail Art: Nail Glitter (per nail) from Nail Sticker (per nail) Nails with stones(per nail) from 3D nail art (per nail) from	R5 R10 R20 R30
Fills: Gel Fill Rubber Fill Rubber with Gel Rubber + Colour change Gel + Colour change Acrylic Fill 2 Weeks Acrylic Fill 3 Weeks Nail Repair Fill (from)	R260 R300 R330 R320 R290 R310 R330 R350 R25
Toes: Gel Polish Overlay on natural nails - (colour/natural) Gel Polish Overlay on natural nails - (French) Acrylic Overlay on natural nails - (colour/natural) Acrylic Overlay on natural nails - (French) Acrylic nail build up (per nail) from	R280 R300 R310 R350 R30
HANDS & FEET:	
Manicures: Manicure- with nail polish Mini Mani- File, Buff & nail polish	R250 R160
Pedicures: Express Pedi Pedicure with nail polish Pedicure without nail polish Pedicure with gel polish Pedicure with acrylic overlay Deluxe pedicure(foot peeling & gel polish) Medi Heel Pedi (no nail polish) Medi Heel with nail polish)	R180 R270 R250 R380 R420 R450 R350 R380
Removals & Repairs: Acrylic Soak off with Acetone Gel Remover Hands Gel Remover Toes Nail repair per nail Soak, file, buff & polish Buff & glaze E File	R80 R80 R60 R50 R180 R150 R80
Add on:	R120

Hot/ Cold Parrafin

Hand scrub

Gel Polish Overlay on natural nails

# PERMANENT MAKE-UP:

<b>Eyebrows:</b> <i>Microbladed brows Pixel Brows</i>	R1450 R1550
<b>Eyeliner:</b> Lash enhancement eyeliner Thick eyeliner Top only	R1350 R1450 R950
<b>Touch up:</b> Eyebrows within 6 months Eyebrows after 12 months	R1200 R1350
Eyeliner within 6 months Eyeliner after 12 months	R1050 R1250
Liner top only	R850

# PLASMA PEN

Forehead	R2500
Frown Lines	R850
Forehead + Frown Combo	R3000
Upper Eyelid	R2000
Lower Eyelid	R2500
Upper + Lower Eyelid Combo	R4000
Top Lip	R1500
Bottom Lip Top + Bottom Lip Combo Nasolabial Lines Jaw Neck Scar Improvement (from) Strecth Marks (from) Ear Folds	R1500 R2800 R1500 R3000 R3500 R500 R850 R1000
Cheek & Ear Folds	R2800
Mole Removel (from)	R450
Skin Tag Removal (from)	R450
Cheek	R2000

# **KIDDIES (KIDS UNDER 12)**

Gel Polish Hand Overlay	R180
Gel Polish Toes Overlay	R180
Pedicure with Gel Polish	R280
Cutex Hands Overlay	R100
Cutex Toes Overlay	R100
Facial	R250
Back, Neck & Shoulder Massage (20min)	R200
Full Body Massage (45min)	R300



R120

R120

R80

# BANK DETAILS

LA FEMM STUDIO

Standard Bank Account Number: 10 15 404 433 2 Branch Name: Groblersdal Current Account

Reference: Name and Surname



072 054 5296 admin@lafemm.co.za www.lafemmstudio.co.za



## SKIN PHD SIGNATURE FACIAL TREATMENTS

Our aesthetic therapists will do a free 15-min personalized skin consultation with your first visit to prescribe the optimal journey for your skin. We will re-evaluate your journey regularly to ensure amazing results.

Hello SkinPhD Facial R380 (30min)

A compact facial treatment for the client that is time restrained and needs quick, visible results.

**Deep Cleanse & Detox Treatment** R550 (60min)

A treatment designed to detoxify and purify the skin.

R620 (60min) Dermaplane Facial

This treatment refines the skin's texture by removing dead skin cells and all the fine vellus hairs on the surface of the skin, leaving you with a baby soft skin and an instant glow. The penetration of active ingredients is also enhanced

R590 (60min)

A treatment designed for ultimate relaxation with added benefit of replacing your skin functions for optimal skin health.

Retinol Surge R650 (60min)

A treatment designed to instantly increase skin hydration levels and skin protective functions with a surge of antioxidants. Visibly improve skin plumpness, fine lines and wrinkles.

La Femm Signature Facial R750 (60min)

A relaxing personalized facial for the client where the therapist analyzes the skin and according to the skin needs incorporates certain products on the clients skin

Elaine Brennan Micropeel

The GetGlowing micropeel is designed to refine skin texture, combats environmental damage, hyper-pigmentation, acne scarring and ageing skin. Series of three treatments, two weeks apart

R1850 (60-120min)

PRP (Platelet-rich Plasma) R1500 (60min)

Containing autologous white blood cells which is then needled into the skin area of concern

PRP (Platelet- rich Plasma) including Bio-Glycolic Peel R1800 (75min)

An biomedical glycolic peel applied on the skin accompanied with an PRP treatment containing autologous white blood cells which is then needled into the skin area of concern

### **BIOMEDICAL TREATMENTS**

### Peel treatmens:

Bio-Glycolic Peel

A phenomenal 25 % Glycolic Acid peel. Glycolic acid is an alpha hydroxy acid peel that upon application removes all dead skin cells from the epithelial layer, also known as corneocytes.

R900 (60min) **Bio-Stratum Peel** 

This peel contains Trichloro-acetic acid. It is a medium depth peel to address very deep lines and wrinkles as well as hyperpigmentation and melasma concerns.

Bio-SynthaC Peel R690 (45min)

This peel contains high concentrations of ascorbic acid or vitamin C. This peel provides an immediate brightening effect on the skin and is very suitable

**Complexion Corrector Peel** R790 (45min)

The Complexion Peel is a cocktail peel suitable for individuals with pigmentation.

RX Salicylic Peel R590 (45min)

The Salicylic acid peel is a Beta-Hydroxy Acid. This peel reduces elevated levels of sebum production and inflammation on the skin. Very suitable for acne-prone skin.

**Glycolic Peel & Dermaplane** 

R780 (60min) A phenomenal 25 % Glycolic Acid peel. Glycolic acid is an alpha hydroxy acid peel that upon application removes all dead skin cells from the epithelial layer, also known as

Melanin 10H Peel (include homecare kit) R1600 (60min)

10h melanin depigmentation method is an intensive treatment with dual action. It both corrects and regulates hyperpigmentation achieving short and long term

Seborrheic Peel

This chemical peels contains comedolytic properties to address acne scarring, active acne and microbial growth. The ideal solution to active an acute acne.

**Bio-Thermo-Dynamic Facial** R680 (45min)

Also known as the "fire and ice "' treatment to stimulate blood flow and enhance a radiant appearance. Suitable for any skin type and any season of the year.

Bio-Preggy Peel R550 (40min)

Preggy peel is concentrated ingredients at a low percentage of ingredients as it is safe for a pregnant female to do during pregnancy and breastfeeding. This can be done on the face

### MICRONEEDLING TREATMENTS:

#### Skin PHD Focused Needling R990 (75min) (Includes neck area)

0.5mm -0.75 mm microneedling depth procedures are available depending on the skin concern established during the skin analysis and consultation. The various procedures are formulated to address; Ageing, Acne, Sensitive skin, Pigmentation, Stretch marks, Keloid and hypertrophic scars.

Bio-Glycolic Peel & Needle(Face Only) R1280 (60min) (Add neck area for an additional R200)

A phenomenal 25 % Glycolic Acid peel. Glycolic acid is an alpha hydroxy acid peel that upon application removes all dead skin cells from the epithelial layer, also known as corneocytes. 0.75 mm microneedling depth procedures are available depending on the skin concern established during the skin analysis and consultation. The various procedures are formulated to address; Ageing, Acne, Sensitive skin, Pigmentations, Stretch marks, Keloid and hypertrophic scars.

### CBD Microneedling(Face Only) (Add neck area for an additional R200)

1 mm depth microneedling with Cannabis. This is a suitable treatment for individuals with atopic dermatitis and inflammation on the skin. Also suitable for anti-ageing purposes, inflammation.

Royal Standard Microneedling (Face Only) (Add neck area for an additional R200)

R1480 (60min)

R1380 (60min)

0.5mm - 1 mm depth microneedling including the Bio-Glycolic peel, with a combination of 2x RX serums or RX chemical peels – customized for your specific skin concern. Weather individuals are concerned about acne scars, ice pick scars, pigmentation, uneven skintones and very deep lines and wrinkles. This combination treatment is ideal to specifically address your skin concern, and can be altered every month to optimize

Microneedling Scalp Treatment

This treatment is for individuals who struggle with hair loss (Alopecia) and hair thinning due to static hair follicles and inflammation on the scalp. Mild scalp microneedling is performed on the scalp with biological ingredients to stimulate the follicle hair growth again.

Scar and wound care treatment with microneedling from R750

1 mm needling with growth factors on old hypertrophic or keloid scars. These scars include burn wounds, surgical scars, ulcers, and pressure wounds. Other scars include; Abdominoplasty, Mastopexy, Mastectomy, Breast augmentation, Diabetic ulcers, Skin grafts, Oncology scars, Suture scars, Maceration & abrasion scare



Dermaplane	R300
Lip	R80
Brows	R80
Chin	R90
Nose	R80
Full Face (including brows)	R290
Bikini	R180
Brazilian/G-Sring	R260
Hollywood (complete removal of intimate hair)	R310
Full Leg	R260
3/4 Leg	R220
1/2 Leg	R200
Under Arm	R120
Full Arm	R180
1/2 Arm	R130
Foot Wax	R70

### TINTING:

Eyebrow Tint	R90
Eyelash Tint	R90
Henna Brows	R260
Lash Lift (60 min, Includes tint)	R290
Brow Lamination (60 min, Includes tint)	R290

### **EYELASH EXTENSIONS:**

Classic Lashes (Full Set)	R590
Volume Lashes (Full set)	R680
Classic Lash Fill 2-3 weeks	R390
Volume Lashes Fill 2- 3 weeks	R450
Classic Lash Fill 3-4 weeks	R490
Volume Lashes Fill 3- 4 weeks	R550
Lash Removal	R140

### **BODY MASSAGE:**

Indian Head Massage	R280 (30 min)
Back, Neck & Shoulder	R350 (30 min)
3/4 Massage	R390 (45min)
3/4 Massage & Back Pamper (including Back Scrub)	R450 (45min)
Full Body Massage	R480 (60 min)
Deep Tissue Sports Massage Half Body	R390 (30 min)
Deep Tissue Sports Massage Full Body	R490 (30 min)
Deep Cleanse & Detox Back Treatment	R590 (60 min)
Foot Massage	R220 (30 min)
Reflex	R220 (20 min)
Reflex	R350 (40min)
Lymph Drainage Half Body	R320 (30 min)
Lymph Drainage Full Body	R450 (60 min)
Add on Hot Stone/Soy Candle or Back Scrub	R80

## MENS SECTION

R580 Mens Facial (Mens Detox and Deep Cleanse) A treatment designed to detoxify and purify the skin, incl nose and brow wax (60min)

### WAXING

Mens Brows	R90
Mens Ears	R90
Mens Nose	R90
Mens Chest	R290
Mens Full Back	R350
Mens 1/2 Back	R290
Mens Full Arms	R250
Mens 1/2 Leg	R260
Mens 3/4 Leg	R290
Mens Full Leg	R320

### HANDS & FEET:

Mens Pedicure	R250
Mens Manicure	R180
Mens Buff & Shine	R130
Mens Buff & Claze	R150