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| <b>Tips:</b>                           |      |
| Natural tip- with acrylic overlay      | R380 |
| Natural tip- with french overlay       | R430 |
| Natural tip- with acrylic & gel polish | R450 |
| French tip with acrylic overlay        | R380 |
| French/colour tip- with rubber overlay | R380 |

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| <b>Designer Tips &amp; Nail Art:</b> |      |
| Acrylic Sculpture                    | R450 |
| Extended Acrylic Sculpture           | R550 |
| Rubber Sculpture                     | R430 |
| Nail Glitter (per nail) from         | R5   |
| Nails with stones(per nail) from     | R20  |
| Nail art with stickers (per nail)    | R10  |
| 3D nail art (per nail) from          | R30  |

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| <b>Fills:</b>           |      |
| Rubber Fill             | R270 |
| Rubber with Gel         | R300 |
| Gel Fill                | R240 |
| Rubber + Colour change  | R290 |
| Gel + Colour change     | R260 |
| Acrylic Fill 2 Weeks    | R290 |
| Acrylic Fill 3 Weeks    | R310 |
| Acrylic Fill 4 Weeks    | R330 |
| Nail Repair Fill (from) | R25  |

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| <b>Toes:</b>       |      |
| Gel polish overlay | R260 |
| French             | R270 |
| Acrylic overlay    | R280 |

## HANDS & FEET:

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|-------------------------------------|------|
| <b>Manicures:</b>                   |      |
| Manicure- with nail polish          | R230 |
| Mini Mani- File, Buff & nail polish | R130 |
| Mens manicure                       | R170 |

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| <b>Pedicures:</b>                          |      |
| Male Pedicure                              | R230 |
| Express Pedi                               | R160 |
| Pedicure with nail polish                  | R260 |
| Pedicure without nail polish               | R230 |
| Pedicure with gel polish                   | R360 |
| Pedicure with acrylic overlay              | R400 |
| Deluxe pedicure(foot peeling & gel polish) | R430 |
| Medi Heel Pedi (no nail polish)            | R330 |
| Medi Heel with nail polish                 | R360 |

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| <b>Removals &amp; Repairs:</b> |      |
| Acrylic Soak                   | R80  |
| Gel Remover Hands              | R80  |
| Gel Remover Toes               | R60  |
| Gel Soak off                   | R60  |
| Nail repair per nail           | R50  |
| Soak, file, buff & polish      | R170 |
| Buff & glaze                   | R130 |
| E File                         | R80  |

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| <b>Add on:</b>     |     |
| Hot/ Cold Parrafin | R80 |
| Hand scrub         | R70 |

## PERMANENT MAKE-UP:

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| <b>Eyebrows:</b>  |       |
| Microbladed brows | R1350 |
| Pixel Brows       | R1450 |

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| <b>Eyeliner:</b>          |       |
| Lash enhancement eyeliner | R1250 |
| Thick eyeliner            | R1350 |
| Top only                  | R850  |

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| <b>Touch up:</b>         |       |
| Eyebrows within 6 months | R1100 |
| Eyebrows after 12 months | R1250 |

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| Eyeliner within 6 months | R950  |
| Eyeliner after 12 months | R1250 |

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| Liner top only | R750 |
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## PLASMA PEN

|                            |       |
|----------------------------|-------|
| Forehead                   | R2500 |
| Frown Lines                | R850  |
| Forehead + Frown Combo     | R3000 |
| Upper Eyelid               | R2000 |
| Lower Eyelid               | R2500 |
| Upper + Lower Eyelid Combo | R4000 |
| Top Lip                    | R1500 |
| Bottom Lip                 | R1500 |
| Top + Bottom Lip Combo     | R2800 |
| Nasolabial Lines           | R1500 |
| Jaw                        | R3000 |
| Neck                       | R3500 |
| Scar Improvement (from)    | R500  |
| Stretch Marks (from)       | R850  |
| Ear Folds                  | R1000 |
| Cheek+ear Folds            | R2800 |
| Mole Removal (from)        | R450  |
| Skin Tag Removal (from)    | R450  |
| Cheek                      | R2000 |



# LA FEMM STUDIO

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## BANK DETAILS

### LA FEMM STUDIO

Standard Bank  
Account Number: 10 15 404 433 2  
Branch Name: Groblersdal  
Current Account

## SKIN PHD SIGNATURE FACIAL TREATMENTS

Our aesthetic therapists will do a free 15-min personalized skin consultation with your first visit to prescribe the optimal journey for your skin. We will re-evaluate your journey regularly to ensure amazing results.

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| <b>Hello SkinPhD Facial</b><br><i>A compact facial treatment for the client that is time restrained and needs quick, visible results.</i>  | <b>R380 (30min)</b> |
| <b>Deep Cleanse &amp; Detox Treatment</b><br><i>A treatment designed to detoxify and purify the skin.</i>  | <b>R530 (60min)</b> |
| <b>Dermaplane Facial</b><br><i>This treatment refines the skin's texture by removing dead skin cells and all the fine vellus hairs on the surface of the skin, leaving you with a baby soft skin and an instant glow. The penetration of active ingredients is also enhanced</i> | <b>R550 (60min)</b> |
| <b>Age Focus</b><br><i>A treatment designed for ultimate relaxation with added benefit of replacing your skin functions for optimal skin health.</i>   | <b>R580 (60min)</b> |

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| <b>Retinol Surge</b><br><i>A treatment designed to instantly increase skin hydration levels and skin protective functions with a surge of antioxidants. Visibly improve skin plumpness, fine lines and wrinkles.</i> | <b>R650 (60min)</b> |
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| <b>La Femm Signature Facial</b><br><i>A relaxing personalized facial for the client where the therapist analyzes the skin and according to the skin needs incorporates certain products on the clients skin</i> | <b>R750 (60min)</b> |
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| <b>Elaine Brennan Micropeel</b><br><i>The GetGlowing micropeel is designed to refine skin texture, combats environmental damage, hyper-pigmentation, acne scarring and ageing skin. Series of three treatments, two weeks apart</i> | <b>R1690 (60-120min)</b> |
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| <b>PRP (Platelet-rich Plasma)</b><br><i>Containing autologous white blood cells which is then needled into the skin area of concern</i> | <b>R1500 (60min)</b> |
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| <b>PRP (Platelet- rich Plasma) including Bio-Glycolic Peel</b><br><i>An biomedical glycolic peel applied on the skin accompanied with an PRP treatment containing autologous white blood cells which is then needled into the skin area of concern</i> | <b>R1800 (75min)</b> |
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## BIOMEDICAL TREATMENTS

### Peel treatments:

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| <b>Bio-Glycolic Peel</b><br><i>A phenomenal 25 % Glycolic Acid peel. Glycolic acid is an alpha hydroxy acid peel that upon application removes all dead skin cells from the epithelial layer, also known as corneocytes.</i> | <b>R530 (40min)</b> |
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| <b>Bio-Stratum Peel</b><br><i>This peel contains Trichloro-acetic acid. It is a medium depth peel to address very deep lines and wrinkles as well as hyperpigmentation and melasma concerns.</i> | <b>R900 (60min)</b> |
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| <b>Bio-SynthaC Peel</b><br><i>This peel contains high concentrations of ascorbic acid or vitamin C. This peel provides an immediate brightening effect on the skin and is very suitable.</i> | <b>R680 (45min)</b> |
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| <b>Complexion Corrector Peel</b><br><i>The Complexion Peel is a cocktail peel suitable for individuals with pigmentation.</i> | <b>R780 (45min)</b> |
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| <b>RX Salicylic Peel</b><br><i>The Salicylic acid peel is a Beta-Hydroxy Acid. This peel reduces elevated levels of sebum production and inflammation on the skin. Very suitable for acne-prone skin.</i> | <b>R580 (45min)</b> |
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| <b>Glycolic Peel &amp; Dermaplane</b><br><i>A phenomenal 25 % Glycolic Acid peel. Glycolic acid is an alpha hydroxy acid peel that upon application removes all dead skin cells from the epithelial layer, also known as corneocytes.</i> | <b>R780 (60min)</b> |
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| <b>Melanin 10H Peel (include homecare kit)</b><br><i>10h melanin depigmentation method is an intensive treatment with dual action. It both corrects and regulates hyperpigmentation achieving short and long term</i> | <b>R1550 (60min)</b> |
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| <b>Seborrhic Peel</b><br><i>This chemical peels contains comedolytic properties to address acne scarring, active acne and microbial growth. The ideal solution to active an acute acne.</i> | <b>R780 (45min)</b> |
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| <b>Bio-Thermo-Dynamic Facial</b><br><i>Also known as the "fire and ice" treatment to stimulate blood flow and enhance a radiant appearance. Suitable for any skin type and any season of the year.</i> | <b>R650 (45min)</b> |
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| <b>Bio-Preggy Peel</b><br><i>Preggy peel is concentrated ingredients at a low percentage of ingredients as it is safe for a pregnant female to do during pregnancy and breastfeeding. This can be done on the face and stomach.</i> | <b>R530 (40min)</b> |
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## MICRONEEDLING TREATMENTS:

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| <b>Skin PHD Focused Needling (Includes neck area)</b><br><i>0.5mm -0.75 mm microneedling depth procedures are available depending on the skin concern established during the skin analysis and consultation. The various procedures are formulated to address; Ageing, Acne, Sensitive skin, Pigmentation, Stretch marks, Keloid and hypertrophic scars.</i> | <b>R950 (75min)</b> |
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| <b>Bio-Glycolic Peel &amp; Needle(Face Only) (Add neck area for an additional R200)</b><br><i>A phenomenal 25 % Glycolic Acid peel. Glycolic acid is an alpha hydroxy acid peel that upon application removes all dead skin cells from the epithelial layer, also known as corneocytes. 0.75 mm microneedling depth procedures are available depending on the skin concern established during the skin analysis and consultation. The various procedures are formulated to address; Ageing, Acne, Sensitive skin, Pigmentations, Stretch marks, Keloid and hypertrophic scars.</i> | <b>R1280 (60min)</b> |
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| <b>CBD Microneedling(Face Only) (Add neck area for an additional R200)</b><br><i>1 mm depth microneedling with Cannabis. This is a suitable treatment for individuals with atopic dermatitis and inflammation on the skin. Also suitable for anti-ageing purposes, inflammation.</i> | <b>R1380 (60min)</b> |
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| <b>Royal Standard Microneedling (Face Only) (Add neck area for an additional R200)</b><br><i>0.5mm - 1 mm depth microneedling including the Bio-Glycolic peel, with a combination of 2x RX serums or RX chemical peels – customized for your specific skin concern. Weather individuals are concerned about acne scars, ice pick scars, pigmentation, uneven skintones and very deep lines and wrinkles. This combination treatment is ideal to specifically address your skin concern, and can be altered every month to optimize results</i> | <b>R1480 (60min)</b> |
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| <b>Microneedling Scalp Treatment</b><br><i>This treatment is for individuals who struggle with hair loss (Alopecia) and hair thinning due to static hair follicles and inflammation on the scalp. Mild scalp microneedling is performed on the scalp with biological ingredients to stimulate the follicle hair growth again.</i> | <b>R1260 (60 min)</b> |
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| <b>Scar and wound care treatment with microneedling</b><br><i>1 mm needling with growth factors on old hypertrophic or keloid scars. These scars include burn wounds, surgical scars, ulcers, and pressure wounds. Other scars include; Abdominoplasty, Mastopexy, Mastectomy, Breast augmentation, Diabetic ulcers, Skin grafts, Oncology scars, Suture scars, Maceration &amp; abrasion scar</i> | <b>from R750</b> |
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## BODY MASSAGE:

|                                      |               |
|--------------------------------------|---------------|
| Indian Head Massage                  | R280 (30 min) |
| Back, Neck & Shoulder                | R310 (30 min) |
| Full Body Massage                    | R480 (60 min) |
| Deep Tissue Sports Massage Half Body | R350 (30 min) |
| Deep Tissue Sports Massage 3/4 Body  | R450 (30 min) |
| Deep Cleanse & Detox Back Treatment  | R550 (60 min) |
| Foot Massage                         | R200 (20 min) |
| Reflex                               | R220 (20 min) |
| Reflex                               | R350 (40min)  |
| Lymph Drainage Half Body             | R320 (30 min) |
| Lymph Drainage Full Body             | R450 (60 min) |
| Add on Hot Stone/Soy Candle          | R80           |

## Ladies: WAXING: Mens:

|   |      |           |      |
|---|------|-----------|------|
| Lip   | R70  | Brows     | R80  |
| Brows   | R80  | Ears      | R80  |
| Chin  | R80  | Nose      | R90  |
| Nose  | R80  | Chest     | R220 |
| Full Face (including brows)                   | R260 | Full Back | R270 |
| Bikini  | R160 | 1/2 Back  | R230 |
| Brazilian/C-String                            | R240 | Full Arms | R230 |
| Hollywood (complete removal of intimate hair) | R290 | 1/2 Leg   | R230 |
| Full Leg                                      | R250 | 3/4 Leg   | R270 |
| 3/4 Leg                                       | R210 | Full Leg  | R280 |
| 1/2 Leg                                       | R190 |           |      |
| Under Arm                                     | R110 |           |      |
| Full Arm                                      | R160 |           |      |
| 1/2 Arm                                       | R120 |           |      |
| Foot Wax                                      | R60  |           |      |

## TINTING:

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|--------------|------|
| Eyebrow Tint | R80  |
| Eyelash Tint | R80  |
| Henna Brows  | R250 |

## EYELASH EXTENSIONS:

|                               |      |
|-------------------------------|------|
| Classic Lashes (Full Set)     | R550 |
| Volume Lashes (Full set)      | R620 |
| Classic Lash Fill 2-3 weeks   | R350 |
| Volume Lashes Fill 2- 3 weeks | R400 |
| Classic Lash Fill 3-4 weeks   | R450 |
| Volume Lashes Fill 3- 4 weeks | R500 |
| Lash Removal                  | R120 |

## NAILS:

|                              |      |
|------------------------------|------|
| <b>Overlay:</b>              |      |
| Acrylic- colour/natural      | R340 |
| Acrylic- French/faded French | R400 |
| Acrylic plus gel polish      | R400 |
| Gel polish overlay           | R280 |
| Rubber overlay               | R350 |
| Rubber overlay + gel polish  | R360 |